

#### **State Medicaid Advisory Committee (SMAC)**

Wednesday, February 15, 2017 AHCCCS Gold Room - 3rd Floor 701 E. Jefferson Street 1 p.m. – 3 p.m.

Agenda	
I. Welcome	Director Thomas Betlach
II. Introductions of Members	ALL
III. Approval of November 16, 2016 meeting summary	ALL
Agency U <sub>I</sub>	odates
IV. AARP	Dana Kennedy
V. Regional Center for Border Health Inc.	Amanda Aguirre
VI. AHCCCS Waiver (IMD and SB1092)	Beth Kohler Deputy Director
VII. Intergraded Contractors	Paul Galdys
VIII. Repeal and Replace Targeted Investment Legislative and Budget Update Arizona Management System	Tom Betlach
IX. Call to the Public	Director Thomas Betlach
X. Adjourn at 3:00 p.m.	ALL

#### \*2017 SMAC Meetings

Per SMAC Bylaws, meetings are to be held the 2nd Wednesday of January, April, July and October. All meetings will be held from 1 p.m.- 3 p.m. unless otherwise announced at the AHCCCS Administration 701 E. Jefferson, Phoenix, AZ 85034, 3rd Floor in the Gold Room:

January 11, 2017 – Rescheduled to February 15, 2017 April 12, 2017 – Rescheduled to April 5, 2017 July 12, 2017 October 11, 2017

For more information or assistance, please contact Yisel Sanchez at (602) 364-4577or visel.sanchez@azahcccs.gov

#### **Meeting Summary November 16, 2016**



#### State Medicaid Advisory Committee (SMAC) Meeting Summary

Wednesday, November 16, 2016, AHCCCS, 701 E. Jefferson, Gold Room 1:00 p.m. – 3:00 p.m.

Members in attendance:

Tom Betlach
Cara Christ
Peggy Stemmler
Kim VanPelt
Kevin Earle
Steve Jennings
Gina Judy
Frank Scarpati
Joyce Millard Hoie
Daniel Haley

**Members Absent:** Tara McCollum Plese, Kathy Waite, Kathleen Collins Pagels, Vernice Sampson, Nic Danger, Timothy Leffler, Barbara Fanning, Amanda Aguirre, Leonard Kirschner, Phil Pangrazio

Staff and public in attendance:

Yisel Sanchez, HRC Coordinator, DBHS
Beth Kohler, Deputy Director, AHCCCS
Paul Galdys, Assistant Director, DBHS
Tomi St. Mars, ADHS, Chief
George Malonly, CEL GENZ
Laura Hartgroves, HCIC
Eddie Sissons, RAS
Kathy Bashor, AHCCCS
Susan Junck, AHCCCS
Michelle Pabis, Honor Health

Anne Stanfford, AZ AAP
Chloe Steadman, Ballard Spanr
Shanna Malone, AHCCCS
Shannon Groppenbsk, GNJHCS
Greg Angelovic, Seattle Genetics
Anika Robinson, AHCCCS
Bonnie Talakte, AHCCCS
Matt Jewett, Mtn. Park
Brandy Petrone, GSPA
Je Fu, FTF

**AGENDA** 

I. Welcome & Introductions Betlach

Tom

II. Introductions of Members

ΑII

III. Approval of August 17, 2016 Meeting Summary/Minutes Unanimous

#### **AGENCY UPDATES**

#### IV. AHCCCS Updates

**Tom Betlach** 

- AHCCCS initiatives
- Potential impact ACA changes
- Funding sources impacting GF

- Capitol Times
- ACA provisions outside coverage
- Block grant PMPM discussion
- LAN payment reform framework
- Potential future VBP levels
- APM proposed targets
- Arizona management system
- AMS transformation in state government

#### AHCCCS Updates (continued)

- National RX opioid trends
- AHCCCS generations in workplace (2013, 2016)
- Arizona's 1115 waiver status
- IMD update AHCCCS care update

#### V. Pediatric Prepared Emergency Care

Tomi St. Mars

- Partnership
- Pediatric readiness assessment
- Voluntary membership and certification
- 3 Levels
- All levels
- Education
- Small changes
- Common challenges
- Certification
- Members
- Analysis
- Pediatric mortality rates pre/post ER department certification
- Comparison of certified ER pediatric mortality rate to the overall pediatric injury mortality rate
- Pediatric trauma mortality rates among certified and non-certified hospitals
- Pediatric trauma ER mortality rates among certified and non-certified hospital by age group
- Moving evidence into practice

#### VI. Arizona's Opioid Epidemic

#### **Shana Malone**

- National opioid influx
- CDC National Estimates
- Availability of Rx opioids in Arizona
- Volume
  - Access ratio
- Emerging heroin trends
- Fentanyl
- What opioid epidemic is costing Arizona
- Arizona opioid-related ED encounters and hospital admissions
- Neonatal abstinence and newborn drug exposure rates per 1,000 births
- Number of drug overdose deaths involving opioids
- The path to opioid mortality
- Finding a solution

- 3 target groups
  - o Opioid-Naïve individuals
    - Talking to uniformed patients
    - The chemically dependent
    - High risk groups
    - Sign up and use CSPMP
    - Facilitate use of best practice
    - Register for free CME
    - Educate patients
    - Diverters
  - o The chemically dependent
    - Reverse overdose through Naloxone
    - What is needed for Naloxone
  - o Diverters
    - Evidence based treatment
    - What is needed for integrated MAT
- X. Call to the Public

**Tom Betlach** 

XI. Adjourn at 3:00 p.m.

ΑII

### **AARP A National Organization with State and Local Offices**

February 15, 2017

# AARP A NATIONAL ORGANIZATION WITH STATE AND LOCAL OFFICES



#### **AARP FACTS**

- nonprofit, nonpartisan, social welfare organization
- membership of more than 38 million
  - **□** 850,000 members in Arizona
- □ turn goals and dreams into real possibilities, strengthens communities, and fights for issues that matter most
- Does not endorse political candidates or contribute to PAC's



#### **AARP's Vision**

A society in which all people live with dignity and purpose, and fulfill their goals and dreams.

#### **AARP's Mission**

AARP enhances the quality of life for all as we age. We champion positive social change and deliver value through advocacy, information and service.

#### AARP's Motto "To serve, not to be served."



#### **AARP FACTS**





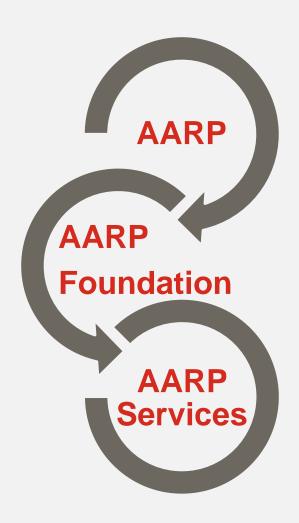


- ☐ AARP The Magazine, AARP Bulletin
- □ AARP.org
- Offices in 50 states, Washington, DC, Virgin Islands, and Puerto Rico





#### **AARP Family**





#### **AARP MOTO**



"To serve, not to be served."
-Ethel Percy Andrus





### First Chapter was founded in 1960 in Youngtown, AZ





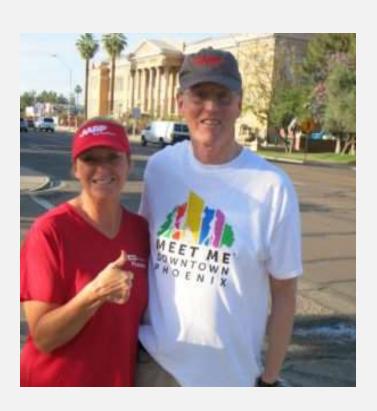
#### LET'S DISRUPT AGING





#### We do a lot of fun with purpose events

#### **Meet Me Downtown**



#### **Cooking Classes**





#### We help people find their purpose with:

**Denise Austin with Phoenix in Motion** 

**Healthy Rhythm Drum Circles** 







#### **ACTIVIST AS INDIVIDUALS**

"Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed it is the only thing that ever has."

Margaret Mead



#### **ADVOCACY AT AARP**





When utility companies







Brought to you by ARP











#### **AARP VOLUNTEERS**

Board of Directors 22

National Policy Council 25

State Based Volunteers 13,868

Driver Safety 5,219

Tax Aide 35,195

Create the Good 238,814



#### **AARP VOLUNTEERS**

Activist (2014) 1.2 million



### ROLES OF THE ADVOCACY VOLUNTEER









### ENGAGING VOLUNTEERS AS LEADERS

- Offering roles that fully tap leadership potential
- Cultivating relationships based on partnership
- Engaging volunteers in strategic thinking and planning







#### **GRASSROOTS ADVOCACY**

### Mobilizing the **power of the people** to influence legislation







### THE POWER OF GRASSROOTS WORKS

- Bring about change
- Improve relationships
- Educate the community
- Alter conditions which we live



#### **PICK YOUR ISSUE**

- Medicare
- Social Security
- Transportation
- Long Term Care
- Elder Abuse
- Fraud & Scams











## BRING PEOPLE TOGETHER FOR CONVERSATION; BUILD A COMMUNITY

- Face-to-Face Meeting
- On-line Conversation
- Conference Call
- Skype







# MAKE A DIFFERENCE IN YOUR COMMUNITY BY PARTICIPATING IN THE PROCESS



### THANK YOU FOR YOUR PARTICIPATION



#### Regional Center for Border Health, Inc. San Luis Walk-In Clinic, Inc.

### Regional Center for Border Health, Inc. San Luis Walk-In Clinic, Inc.

#### **State Medicaid Advisory Committee**



Amanda Aguirre President & CEO

February 15, 2017 Phoenix, Arizona



"Committed to improving the quality of life of the residents along the U.S.-Mexico Border by increasing accessibility to quality training and affordable healthcare"

**Mohave** 

La Paz

Yuma

















Yuma, Arizona





Somerton, Arizona















"Our Children/Nuestros Ninos" Community Health Census and Outreach Campaign













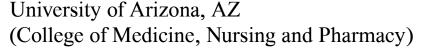




#### **Interprofessional Clinical Rotations** (FYE 2015-2016)



#### **56 Students**



- Northern Arizona University, AZ (School of Nursing, Physician Assistant, Social Work)
- Walden University, MN
- Chatham University, PA
- Indiana University, IN
- Arizona State University, AZ
- University of Queensland, Australia
- University of Phoenix, AZ
- George Town University, DC
- Maryville University, St. Louis
- Midwestern University, AZ
- Frontier Nursing University, KY



FRONTIER NURSING





















#### **Interprofessional Clinical Rotations**





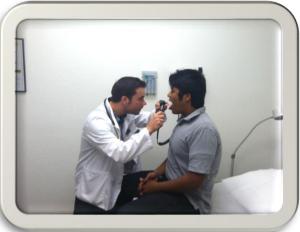


 $NAU-Speech\ Pathologist$ 





Chatham University – P.A



Yuma Cay Mical The American Am

U of A -College of Nursing

U of A - College of Pharmacy







### Accrediting Bureau of Health Education Schools (ABHES)



Effective August 1, 2013, the College of Health Careers was accredited by ABHES

The Accrediting Bureau of Health Education Schools is the only organization that is recognized by the U.S. Department of Education as a specialized accrediting organization for healthcare education and training.





Promoting Educational Excellence: Best Practices, Best Results



"Growing Our Own"

- Medical Assistant
- Medical Office Specialist
- Nursing Assistant
- Medical Coder & Biller
- Direct Care Worker
- Pharmacy Technician
- Phlebotomy Technician
- Medication Assistant
- Electronic Health Records
- Caregiver
- Nutrition & Food Services Management
- Behavioral Health Technician
- ServSafe (National Certification)
- CPR and First Aid





## **Vocational Job Training Center**

#### A LICENSED VOCATIONAL TRAINING CENTER

- Arizona Department of Private Postsecondary Education
- Arizona State Board of Nursing
- American Academy of Professional Coders
- National Restaurant Association, American National Standard Institute
- Certified ServSafe Instructor and Registered ServSafe Examination Proctor
- AHCCCS approved training and testing site for Direct Care Worker (DCW)
- National Healthcareer Association and testing site
- Pharmacy Technician Certified Board (PTCB)
- Board of Examiners of Nursing Care Institution Administrators and Assisted Living Facility



#### **Main Street Café**



#### (Established in 2007)

- **Mission:** to empower women to break the cycle of poverty and violence by providing them with life skills and job training opportunities in the Food Industry, and long lasting rewarding life changes for themselves and their families.
  - National ServSafe Certification
  - Nutrition and Food Services Management









#### Binational Health & Environment Council San Luis R. C. Sonora/Yuma County, Arizona

#### **Subcommittees:**

- •Maternal and Child Health (Women's Health)
- •Adolescent Health (Substance Abuse Prevention, Teen Pregnancy, Bullying, Mental Health)
- •Environmental & Occupational Health

•Sexual Transmitted and Infectious Diseases

(TB, STDs, HIV/AIDS)

•Chronic Illness Prevention







#### Binational Health & Environment Council San Luis R. C. Sonora/Yuma County, Arizona



#### XX Annual Binational TB Symposium Friday, March 31, 2017

Yuma, Arizona















## **Special Initiatives**

• No Contamine/Don't Trash La Frontera, Illegal Dumping Prevention





# **Healthy Communities Initiative**

• Healthy Sister Cities Initiative







# **Yuma County Anti-Bullying Task Force**



Preventing and stopping bullying involves a commitment to creating a safe environment where children can thrive, socially academically, without being afraid.



## **Special Initiatives**



# CAPAZ Community Access Program of Arizona and Mexico

#### **Mission Statement:**

"To expand access to affordable, quality healthcare for uninsured/underserved residents in Yuma County, and to strengthen the healthcare safety net, while reducing healthcare disparities, through a comprehensive, network of primary care, specialist, behavioral health, and dental care providers"



#### **Medical Services**



#### Arizona (Yuma County)

- Primary Care
- Urgent Care
- Pediatrics
- Internal Medicine
- Dermatology
- Nephrology
- Podiatrist
- Orthopedics
- Cardiology
- OB/GYN
- Dentistry
- Optometry
- ENT
- Hospital
- Dental
- Behavioral Health
- Imaging
- Lab
- Pharmacy
- Physical Therapy

#### Sonora (San Luis R. C.)

- Primary Care
- Hospital
- Ophthalmology
- Pharmacy
- Laboratory
- Pediatric
- Internal Medicine
- Surgery
- Gynecology
- Dental
- Orthodontist
- ENT
- Pathology
- Physical Therapy
- Orthopedics
- Cardiology

#### **140 Providers**

#### Baja California (Los Algodones & Mexicali)

- Primary Care/Surgery
- Pediatrics
- OB-GYN
- Cosmetic and Implant Dentistry
- Hearing Aids
- Orthodontics
- Periodontics
- General Dentistry
- Optometrist
- Ophthalmologist
- Lab
- Pharmacy
- Radiology
- Orthopedics
- Urology
- Dermatology
- ENT
- Anesthesiology
- Cardiology



# Affordable Care Act /Marketplace

Regional Center for Border Health, Inc. (RCBH) meets criteria as a **Certified Application Counselor Designated Organization** in Arizona by Centers for Medicare & Medicaid Service (CMS) on September 19, 2013

As of December 2016 RCBH has trained a total of 168 participants as Certified Application Counselors, from Yuma, La Paz and Mohave County as well as Pima County





#### **Partners**

#### **Yuma County**

- San Luis Walk-In Clinic, Inc.
- Yuma Regional Medical Center
- Sunset Community Health Center
- Cocopah Indian Tribe

#### La Paz County

- Colorado River Indian Tribe
- Indian Health Services
- La Paz Regional Hospital

#### **Mohave County**

- Kingman Regional Medical Center
- ❖U of A Center for Rural Health, College of Public Health





Caring for the growing needs of our communities



















## **Healthy Communities Antibullying Initiative**

• PlayWorks is a program that addresses bulling in schools and provides the necessary skills for children to deal effectively in a positive way with conflict resolution at the same time promote physical activity for the reduction of obesity among school age children.





## San Luis Walk-In Clinic, Inc.

"A Subsidiary Non-for-Profit Organization of the Regional Center for Border Health, Inc."



The purpose of the corporation is to provide convenient access to efficient and quality health services to the border region, including provision

of medical diagnosis, care and treatment to and for the benefit of the communities and residents of the Southwestern Arizona border

region, including, without limitation, persons who are unable to afford such services.



# **South Yuma County**

- City of Somerton
  - Somerton has a total of 167 businesses. In 2016, the leading industries in Somerton were Public Administration, Education, Health Care and Social Services, and Administrative and Support Services
  - 2015 Population 20,567 (estimated)
- City of San Luis
  - Located on the Colorado River just 90 miles from the ocean, Yuma County embodies all the natural qualities which make it a great place to live and work..
  - 2013 Population 32,763





# Certificate of Recognition

National Committee for Quality Assurance commends

San Luis Walk In Clinic, Inc. (San Luis)

Recognized – Level 2

on Achievement of Recognition for Systematic use of Patient-Centered, Coordinated Care Management Processes

Awarded from: February 11, 2016 to: February 11, 2019



Margaret E. O'Kane

President



# San Luis Walk-In Clinic, Inc. Your Family Medical Home for Primary Care

#### Patient-Centered Medical Home

A Medical Home is defined as primary care that is accessible, continuous, comprehensive, family centered, coordinated, compassionate and culturally effective.



#### **Healthcare Services**

- Primary Healthcare
- •Pediatric
- Obstetrics & Gynecology
- Internal Medicine
- •Women's and Teen's Health
- •Men's Health
- •Laboratory

- •Ultrasounds
- Diabetes Management and Care
- Weight Loss Control and Management
- Asthma Control & Treatment
- •COPD Treatment
- •Family Planning Services
- •Immunization for Children & Adults



# SLWIC Patient-Centered Medical Home

- (1) Better Care;
- (2) Better Health and
- (3) Lower Cost through a Comprehensive Continuous Delivery of Healthcare



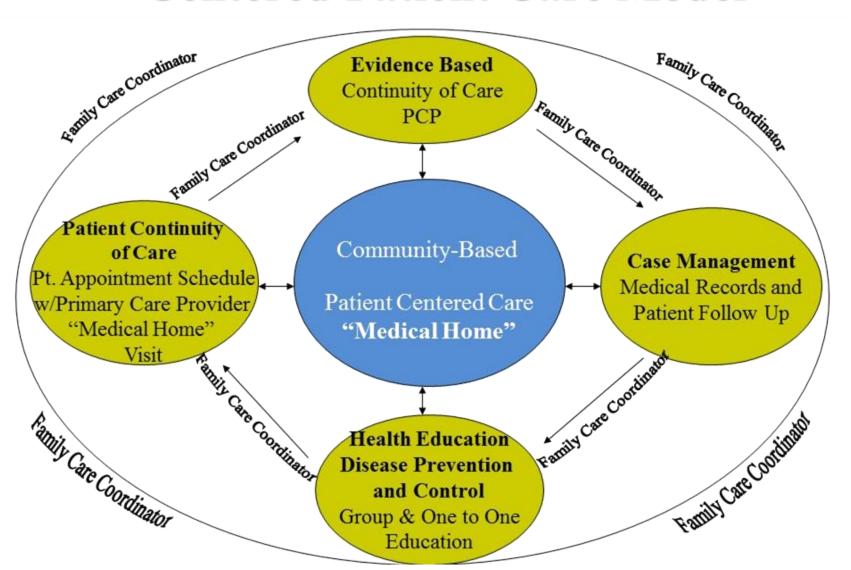




# **Licensed Medical Mobile Unit**



## Community-Based Patient Integrated Centered Patient Care Model



# Family Care Coordinator Initiative Contributions to Economic Impact (2011)

Initiative	Estimated	Estimated
	Economic Value of	Economic Impact
	Avoided	
	Costs/New	
	Revenue	
Improve Access to Care	\$84.49 x 4,264	\$360,265.36
Reduce Avoidable Hospital Admissions & Readmissions	\$11,400 x 49	\$558,600.00
Reduce Non-Emergent ER Visits	\$430 x 255	\$109,650.00
TOTAL (Avoided Costs)		\$1,388,780.72



#### Patient Centered Medical Home Initiatives - SLWIC Rural Health Clinic

- Value Base Cost Sharing
- Program Medicare/Medicaid CCM
- Accountable Care Partnership
  - Unitedhealthcare
  - BlueCross BlueShield
  - The University of Arizona Health Plans









## Affiliated Practice Dental Hygiene

- Dental prevention pilot program provides dental hygiene services and education at the SLWIC
- Began integrated preventive oral health care on December 2, 2015
- Care is provided under the general guidelines of standard of care for dental hygiene
- Consultation with the Affiliated Practice Dentist at Yuma Dentistry for Kids
- The Affiliated Practice Dental Hygienist providing care does not take place of an exam by a dentist





# Regional Center for Border Health, Inc. Family Behavioral Integrated Services

- As of May 2016, RCBH/SLWIC is a Behavioral Health Services Intake Coordination of Care Agency in Yuma County
- October 1<sup>st</sup> 2015- SLWIC (Rural Health Clinic) became Specialty Provider (integration of primary care with behavioral health services)
- RCBH offers:
  - Substance abuse evaluation & treatment
  - Family & individual therapy
  - Anger management sessions
  - Family support services
  - DUI screening
  - Domestic violence
  - Integrated health services
  - Psychiatry Telehealth clinic
  - Treatment and education services
  - Group support counseling sessions





# Primary Care Behavioral Health

- Pediatric
- Obstetrics and Gynecology
- •Family Planning Services
- •Internal Medicine
- •Women and Teen's Health
- •Men's Health
- Laboratory Services
- Diabetes Management and Care
- Weight Loss Control and Management
- •Asthma Control and Treatment
- •Diabetes Control and Treatment
- •COPD Treatment
- Immunizations

- •Children & Adult Services
- •Substance Abuse Evaluation and Treatment
- •Family & Individual Therapy
- •Psychiatric Health
- Medication Management
- •Family Support Services (case management, family, peer and direct support)
- •DUI Screening, Treatment and Education Services
- •Misdemeanor Domestic Violence Services
- •Group Support Counseling Sessions

SLWIC/Family Behavioral Integrated Services is committed to provide the best quality of service by ensuring all clients receive the proper treatment.





#### **Community Integrated Paramedic** and Preventive Care Coordination



#### **Project Goals**

- Reduce utilization of EMS for non-emergency situations.
- Improve access to primary care and behavioral health services
- Reduce ED utilization to Reduce Hospital Re-admissions
- Reduce Healthcare Cost





#### An Inter-Professional Approach to Community Based Paramedic Project Addressing Social Determinants

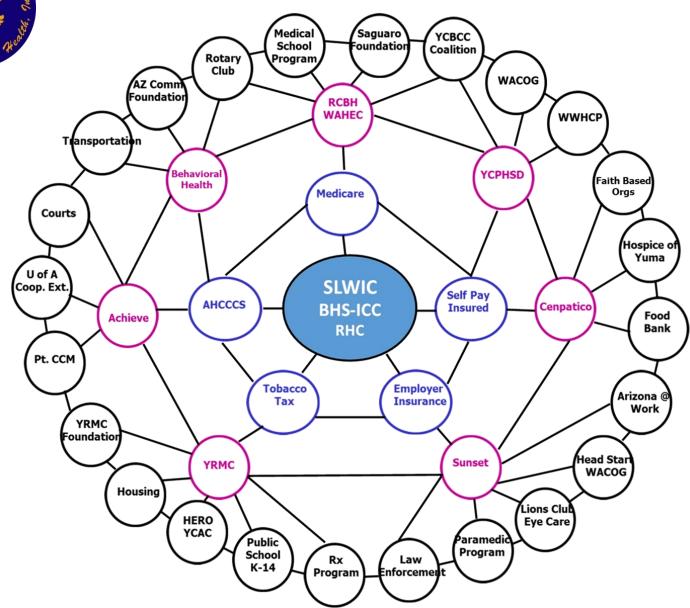


- The *Family Care Coordinator (FCC)* provides the support needed by the program participants such as but not limited to;
- Educating patients and their families on the importance of behavioral health lifestyle changes, medication adherence and compliance
- Assisting patients to navigate the healthcare and social systems, through referrals and enrollment on the different social programs such as, SNAP, AHCCCS, Marketplace, Food Bank, WIC, BHS, etc.
- Provide cultural sensitive health promotion/disease prevention education.





# **Addressing Social Determinants**





#### San Luis Urgent Care



(July 12, 2016)

- ⇒Allergic reactions
- ⇒Cuts, burns and bites
- ⇒Falls, sprains, strains, and broken bones
- ⇒Minor sutures and laceration repairs
- ⇒Cold and flu
- ⇒Infections
- $\Rightarrow$ Rash
- ⇒Physicals (school sports or Department of Transportation yearly exams)
- ⇒Drug screening
- ⇒Tetanus & Flu vaccine





## **Coming Summer 2017**



# **Somerton Medical Complex College of Health Careers Campus**





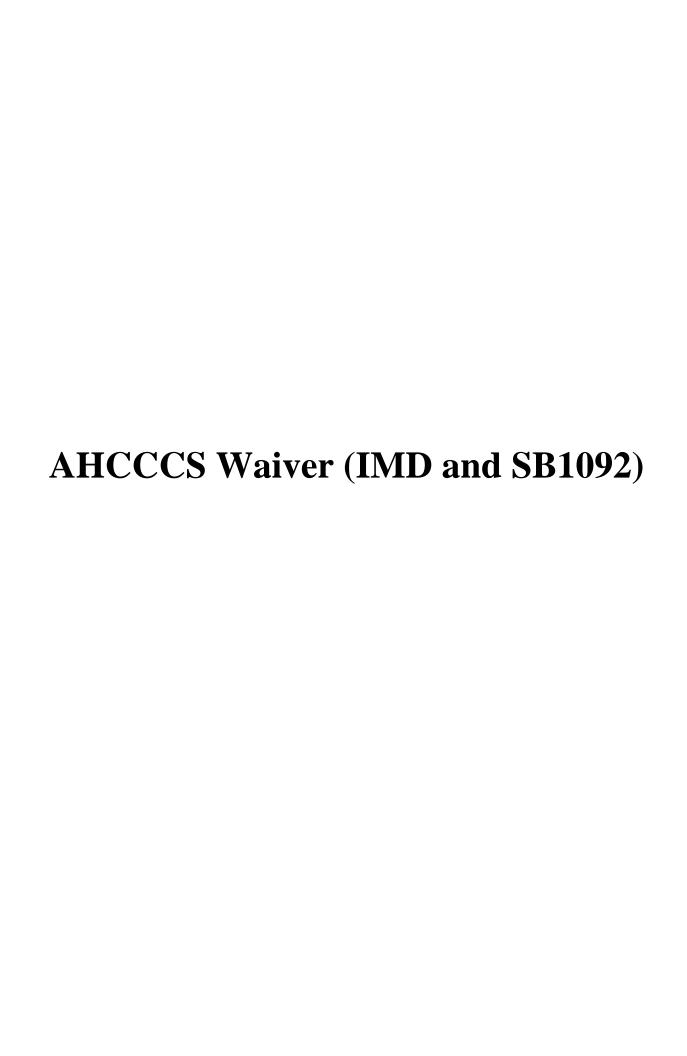
Major A. Aguirre U.S. Air Force



#### Thank you

Amanda Aguirre
President & CEO
amanda@rcfbh.org
928.276.3414

www.rcfbh.org www.slwic.org





# AHCCCS Waiver Update SB 1092 Directive and IMD Waiver Amendments

Arizona's Section 1115 Demonstration Waiver

# SB 1092 Overview





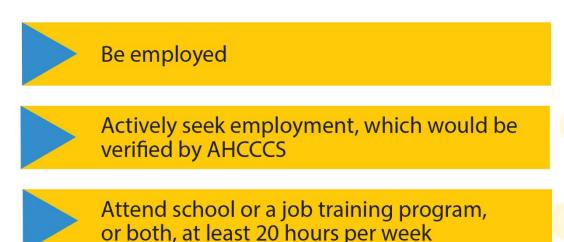
# The Requirements: SB 1092

- SB 1092 requires AHCCCS to request from CMS by March 30 of each year only the waivers or amendments to the current Section 1115 Waiver that have not been approved and are not in effect
- Similar authorities were requested as part of the October 1, 2016 waiver and were not approved



### The Requirements: SB 1092

 All able-bodied adult\* members are required to meet one of the following employment criteria to qualify for AHCCCS:



\*Able-bodied adults are individuals who are at least 19 years of age, and are physically and mentally capable of working.



# SB 1092 Work Requirement – Exemptions

- Exemption for individuals meeting any of the following
  - Is at least 19 years of age but is still attending high school as a full-time student
  - Is the sole caregiver of a family member who is under
     6 years of age
  - Is currently receiving temporary or permanent long-term disability benefits from a private insurer or the government
  - Has been determined to be physically or mentally unfit for employment by a health care professional in accordance with rules adopted by the agency



### SB 1092 Lifetime Limit

- Limit lifetime enrollment to five years
  - Begins on effective date of waiver change
  - Does not include time during which person is
    - Pregnant
    - Sole caregiver of family member under 6
    - Receiving long-term disability benefits
    - At least 19 and still attending high school full time
    - Employed full time, meets AHCCCS income eligibility
    - Enrolled before age 19
    - Former foster child under 26 years of age
- Applies to adults age 19 and older "physically and mentally capable of working"
- No exemption for American Indian Members



### SB 1092 Other

- Develop cost sharing requirements to deter:
  - Use of ambulance services for non-emergency transportation when not medically necessary
- Requires persons to verify compliance with work requirements monthly
- One year ban for making false statements regarding compliance with work requirements or knowingly failing to report change in income



### **Estimated impact**

- Current potentially-affected population with enrollment over 5 years: 242,000
  - Number could be lower because AHCCCS does not currently collect data to allow us to identify the following excluded periods of enrollment:
    - Long-term disability benefits
    - Employed full-time
    - Sole caregiver of child under age 6
  - Number could be higher because current figure does not account for recent enrollment growth
- Working on data run for impact of work requirement



### Waiver Amendment Webpage

- More information about the proposed waiver amendment, including the proposed waiver application and the full public notice and public input process, can be found on the AHCCCS website at:
- https://azahcccs.gov/Resources/Federal/sb 1092legislativedirectivewaiverproposal.html



# Institutions for Mental Disease (IMD) Overview





### Institutions for Mental Disease Exclusion

- Federal law prohibits federal funding for services that members aged 21-64 receive in Institutions for Mental Disease
- Since the inception of the Medicaid program (1965)
- Legislative intent was for states to be responsible for the institutional care of people with mental illnesses



### What is an IMD?

- "a hospital, nursing facility, or other institution of more than 16 beds that is primarily engaged in providing diagnosis, treatment or care of persons with mental diseases, including medical attention, nursing care and related services. Whether an institution is an institution for mental diseases is determined by its overall character as that of a facility established and maintained primarily for the care and treatment of individuals with mental diseases, whether or not it is licensed as such. An institution for Individuals with Intellectual Disabilities is not an institution for mental diseases."
- 42 C.F.R. 435.1010



### Definition of "Institution"

 "an establishment that furnishes (in single or multiple facilities) food, shelter, and some treatment or services to four or more persons unrelated to the proprietor."



### **Examples of IMDs**

- Psychiatric hospital, nursing facility, residential treatment center
- A psychiatric unit of a general hospital is not an IMD because the hospital is not established and maintained primarily for the care and treatment of individuals with mental diseases



### "In Lieu of" Authority

- CMS allows states that contract with managed care entities to allow the MCOs to provide services a different way than is specified under federal law
- These "in lieu of" services must be no more costly than the services they take the place of
- Arizona allowed MCOs to provide access to IMD services "in lieu of" more expensive settings



### CMS's New Managed Care Rule

- New managed care regulations issued
  July 5, 2016, restrict federal funding for
  IMD stays to stays of less than 15 days for
  adults aged 21-64
- Eliminates existing "in lieu" option



### Effects of CMS's Managed Care Rule

- If a member's stay in IMD is longer than 15 days, the State must recoup the ENTIRE capitation payment from the MCO for the month (not just the amount associated with the IMD stay)
  - Member still enrolled with plan
  - Plan still responsible for care, but it's uncompensated
- Can result in members being discharged too early and needing emergency care later
- Challenges include developing adequate network of non-IMD alternatives and the higher cost of alternatives



### Waiver Application

- To maintain managed care members' access to care in IMDs, requesting CMS to allow federal funding for stays in IMDs longer than 15 days
- Also requesting federal funding for FFS members so they have equal access to care
- Indiana submitting similar application
- One of the first waivers considered by new Administration
- Arizona has demonstrated successful utilization of IMDs as a cost-effective and appropriate setting



### Waiver Amendment Webpage

- More information about the proposed waiver amendment, including the proposed waiver application and the full public notice and public input process, can be found on the AHCCCS website at:
- https://azahcccs.gov/Resources/Federal/PendingWaivers/imdwaiveramendment.html



### **Public Comments**

- Comments and questions about the proposed Demonstration applications can also be submitted by e-mail to: <a href="mailto:PublicInput@azahcccs.gov">PublicInput@azahcccs.gov</a>
- Or by mail to: AHCCCS c/o Office of Intergovernmental Relations; 801 E. Jefferson Street, MD 4200, Phoenix, AZ 85034.
- Please submit your comments by:
  - IMD Waiver—March 20, 2017



# Questions and Public Comments

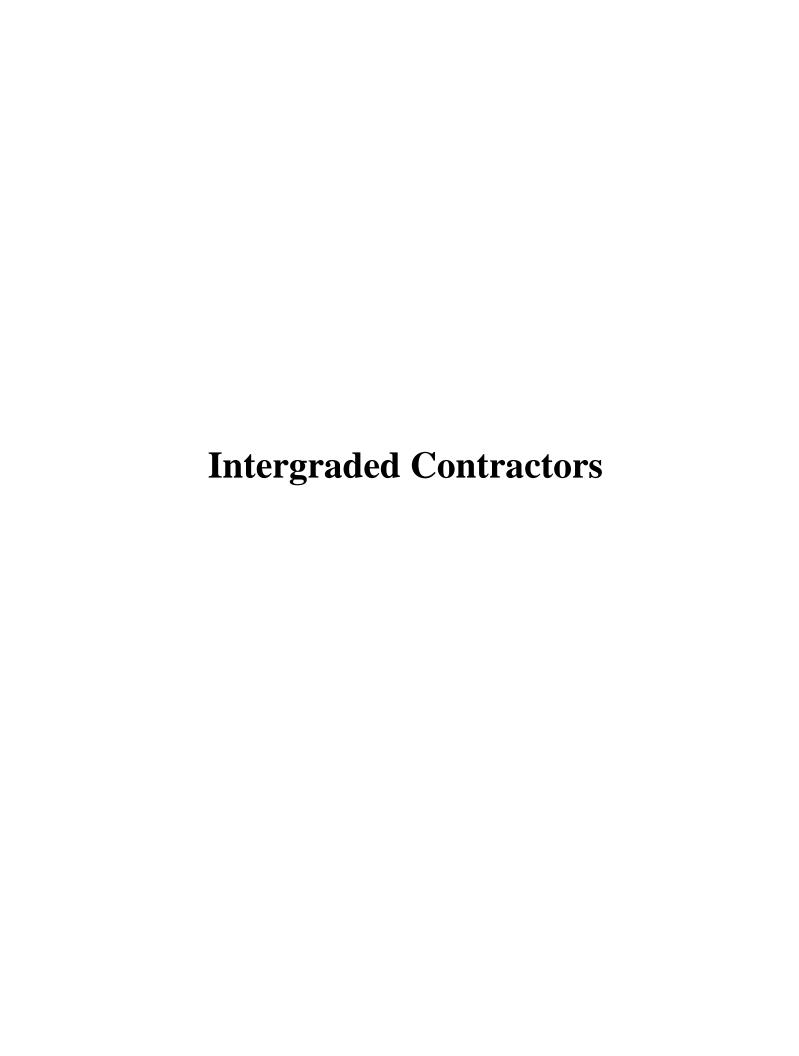




### Thank You.







### **Public Comment Process**

- https://www.azahcccs.gov/Shared/News.html
- Questions by February 7<sup>th</sup>
- Community Forums in February
- Public Comment Submissions by February 27<sup>th</sup>



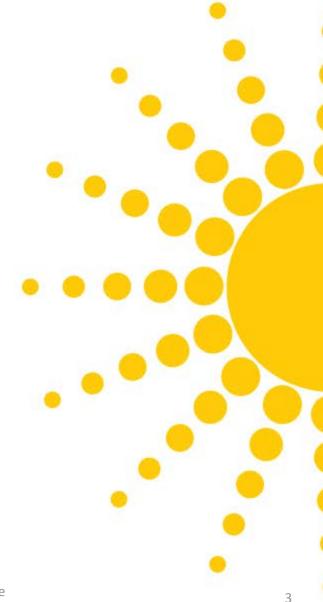
# Integrated Contractor Anticipated Procurement Timeline

Activity	Target Date		
Issue Request for Proposal	November 1, 2017		
Prospective Offerors' Conference and Technical Interface Meeting	November 8, 2017		
Proposals Due	January 25, 2018		
Contracts Awarded	By March 8, 2018		
Transition Activities Begin	March 9, 2018		
Contract Start	October 1, 2018		

**Note:** Dates are subject to change

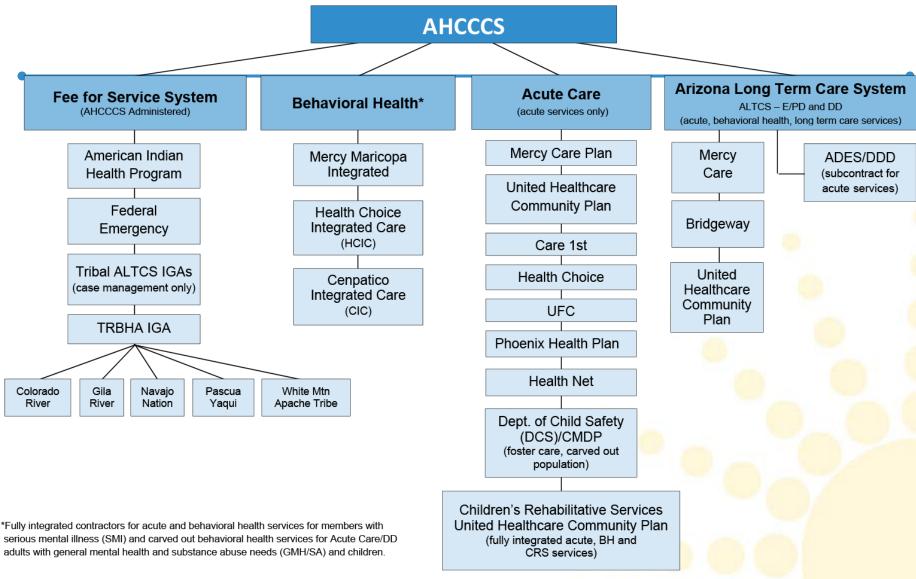


# **Current AHCCCS Program Overview**





#### **Care Delivery System**







### Who Does AHCCCS Serve?

### AHCCCS population:

	8/1/16	9/1/16	10/1/16	11/1/16	12/1/16	1/1/17
AHCCCS Acute	1,647,021	1,661,184	1,668,646	1,674,200	1,677,496	1,672,984
KidsCare	528	2,819	5,911	9,184	9,701	13,389
ALTCS 1	58,413	58,519	58,665	58,807	58,819	58,952
Partial Services (FES, SLMB, QI-1,Transplant Option 1 & 2)	163,785	165,484	167,570	169,782	170,655	168,302
Total Population <sup>2</sup>	1,869,747	1,888,006	1,900,792	1,911,973	1,916,671	1,913,627

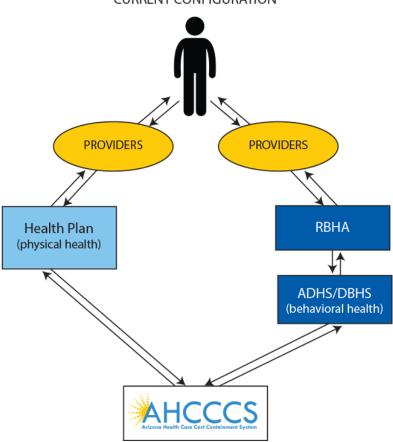
Includes both the ALTCS population and the Freedom to Work (FTW) ALTCS members.

<sup>&</sup>lt;sup>2</sup> Updated to include SLMB/QI-1 & Transplant Option 1 & 2

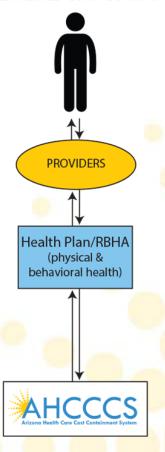


### Vision - Integration at all 3 Levels

#### **CURRENT CONFIGURATION**

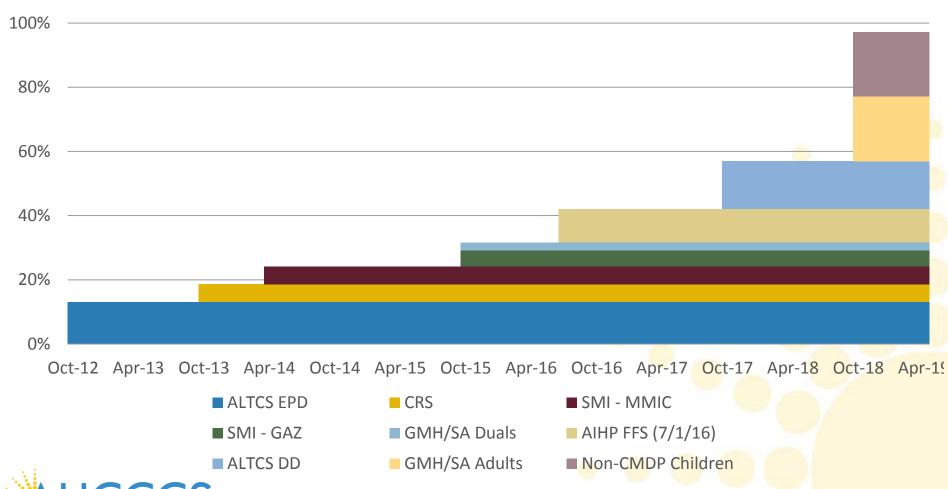


#### STREAMLINED CONFIGURATION



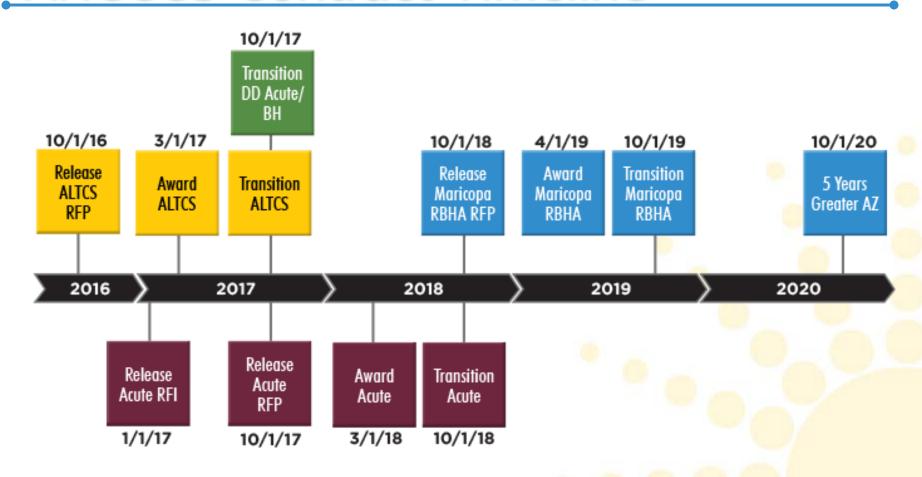


### **Integration Efforts**





### AHCCCS Contract Timeline





### Current Contract Terms RBHA, CRS, Acute

Contract Year	Maricopa RBHA	Greater AZ RBHAs	Acute/CRS
1	4/14-3/15	10/15-9/16	10/13-9/14
2	4/15-3/16	10/16-9/17	10/14-9/15
3	4/16-3/17	10/17-9/18	10/15-9/16*
4	4/17-3/18*	10/18-9/19*	10/16-9/17*
5	4/18-3/19*	10/19-9/20*	10/17-9/18*
6		10/20-9/21*	
7		10/21-9/22*	

New Integrated
Contractor Term:
10/18-9/23 (5yr)

\*Extension Year (CYE 9/16 applicable to CRS only)



### **Current Program Highlights**

- "Acute Plans" provide physical health (PH) services to Medicaid enrolled individuals not in another integrated program and also behavioral health (BH) services for individuals who have not been determined to have a serious mental illness (SMI) who are dually enrolled in Medicare
- Regional Behavioral Health Authorities (RBHAs)
  - Carved out BH services for children
  - Carved out BH services for adults not served by an integrated plan
  - Integrated services for individuals with a serious mental illness (SMI)
  - Crisis services all populations
  - Grant and other non-TXIX funded services
- Members have access to a robust network of health care providers



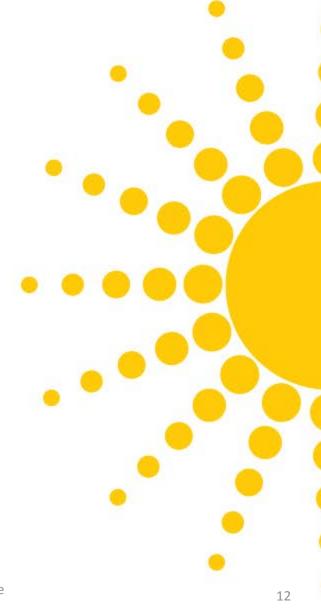
### Acute/CRS - Current Program

### Children's Rehabilitative Services

- Program for children with chronic conditions specified in rule
- One statewide CRS Contracted Health Plan to provide:
  - Physical and BH services for most CRS members
  - CRS and BH services to children in foster care and children determined developmentally disabled
  - Various service options for American Indians



# Request For Information (RFI) and Program Proposals





### Geographic Service Area - Composition

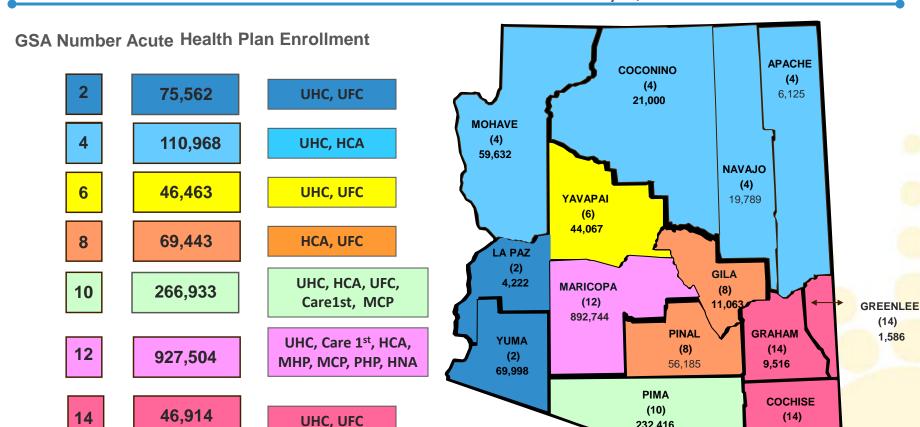
- Current "acute" contractor areas have been in place for many years
- These do not align with the RBHA or ALTCS areas
- Should the GSA composition change? Consider:
  - Access to care
  - Network sufficiency
  - Rural and urban areas
  - Cultural factors
  - Member placement
  - MCO financial viability
  - Capitation rate credibility





### Acute Geographic Service Areas

Acute Enrollment As of January 1, 2017





34.748

232,416

SANTA **CRUZ** 

20,198



### Acute Geographic Service Areas

CRS - Fully Integrated Enrollment As of January 1, 2017

#### **GSA Number** Health Plan Enrollment

2 837

904

6 401

8 665

10 3,186

10,323

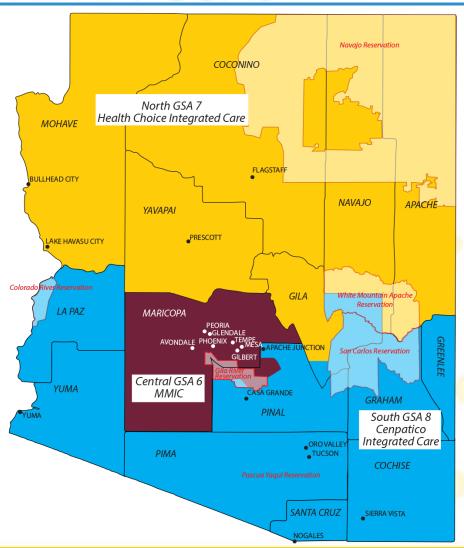
14 455

**APACHE** COCONINO (4) (4) 49 239 MOHAVE (4) 433 **NAVAJO** (4) YAVAPAI 183 (6) 401 LA PAZ (2) **GILA** 32 **MARICOPA** (8) (12)GREENLEE 10,323 (14)**PINAL GRAHAM** 12 **YUMA** (8) (14)(2) 557 92 805 **PIMA COCHISE** (10) (14)2,944 351 SANTA **CRUZ** 

Total Health Plan Enrollment = 16,771



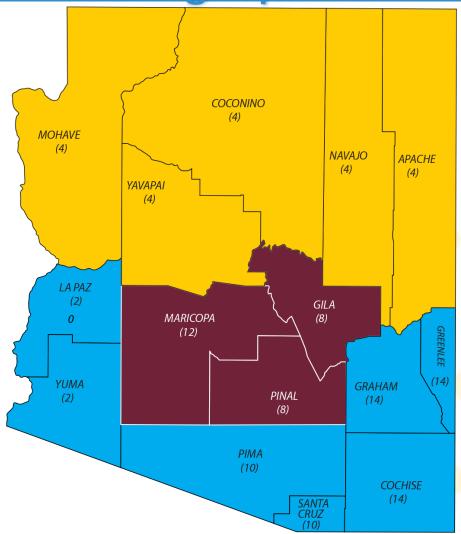
## Current RBHA GSAs





**ALTCS-EPD Geographic Service Areas** 

Contemplated Acute GSA Structure





## Geographic Service Area (GSA) Questions

- Additionally, soliciting feedback on:
  - Number of plans by GSA
  - Plan limit on # of GSAs awarded
  - Pima County differentiation from rest of affiliated Southern Region



## Further Integration of Care Delivery

- RFI puts forth for consideration:
  - Integration of physical and behavioral health for individuals previously enrolled in an acute care plan or CRS. Excludes:
  - Individuals determined to have a SMI
  - Foster children
  - Crisis services currently provided by RBHAs
  - Grant funded services TBD



#### Affiliated Organization Proposals

- RFI defines an Affiliated Organization as:
  - An entity bidding on the Integrated Contract which also has 50% or more ownership or control interest of a current RBHA or is a current RBHA in Arizona
- Potential for merging Integrated Contractor and RBHA.....with awards to Affiliated Organizations



#### Affiliated Organizations Continued

- Awards to Affiliated Organizations with a RBHA and an incumbent Acute Contractor in same GSA (or county within GSA)
  - Organizations and branding (IC and RBHA) may be consolidated under single corporate entity;
  - Incumbent Acute membership is moved under consolidated Integrated Contractor; and
  - Unique RBHA requirements move under consolidated Integrated Contractor (SMI, CMDP BH, Crisis).



## Northern Affiliated Organization

Proposed North GSA:	Acute GSA	Acute Plan	Acute Plan	RBHA GSA	RBHA
Mohave	GSA 4	HCA	United	North	HCIC
Coconino	GSA 4	HCA	United	North	HCIC
Apache	GSA 4	HCA	United	North	HCIC
Navajo	GSA 4	HCA	United	North	HCIC
Yavapai	GSA 6	UFC	United	North	HCIC



## Central Affiliated Organization

	Current							
Proposed Central GSA:	Acute GSA	Acute Plan	Acute Plan	Acute Plan	Acute Plan	Acute Plan	RBHA	RBHA GSA
Maricopa	GSA 12	Care 1st	HCA	HNA	MCP	United	MMIC	Central
Gila	GSA 8	HCA	UFC				HCIC	North
Pinal	GSA 8	HCA	UFC				CIC	South

Note: Due to movement of Gila and Pinal, need to put RBHAs on notice that they will be losing these counties and associated members/services effective 10/1/18.



#### Southern Affiliated Organization

	Current							
Proposed South GSA:	Acute GSA	Acute Plan	Acute Plan	Acute Plan	Acute Plan	Acute Plan	RBHA	RBHA GSA
Pima	GSA 10	UFC	United	Care 1st	HCA	MCP	CIC	South
Cochise	GSA 14	UFC	United				CIC	South
Graham	GSA 14	UFC	United				CIC	South
Greenlee	GSA 14	UFC	United				CIC	South
LaPaz	GSA 2	UFC	United				CIC	South
Santa Cruz	GSA 10	UFC	United				CIC	South
Yuma	GSA 2	UFC	United				CIC	South

Note: Centene is defined as an Affiliated Organization, UFC is not due to less than 50% ownership in CIC. Centene does not also have an incumbent Acute plan in the South so would not take any membership. Centene or Affiliated Organization owned by Centene could consolidate with CIC if awarded in this GSA.



#### Affiliated Organization continued

- Affiliated Organization not awarded contract:
  - Current RBHA remains until RBHA contract expiration;
  - Unique RBHA contract requirements remain with RBHA (SMI, CMDP BH, Crisis and Grants);
  - RBHA may be available for choice to members for remaining RBHA contract term for integrated services; and
  - Expansion of RBHA services to include physical health for non-dual, GMH/SA adults and non-CMDP children.



#### RFI solicits feedback on...

- Crisis System
  - Statewide crisis vendor for system coordination
  - Single statewide crisis line vendor
  - Single statewide crisis phone number
- Timing of implementation of integrated services post award;
- Administration of grant funding; and
- Future plan choice for individuals with SMI in Maricopa County.



#### RFI solicits feedback on...

- Possible expansion of Integrated Contractor Scope of Services to include unique RBHA services
- CRS
  - Integration
  - Designation
  - MSICs
  - American Indian choices



#### RFI solicits feedback on...

- ASD Advisory Committee recommendations
  - Integrate care for children with or at risk of autism with the acute care contractor
- Engaging community in development of RFP
- Length of contract term 5 or 7 years



#### Acute RFP Contact Information

- Web Address
  - https://azahcccs.gov/Resources/OversightOfHe althPlans/SolicitationsAndContracts/open.html
- E-mail Address
  - AcuteRFP@azahcccs.gov



## Thank You.





#### **AHCCCS Update**

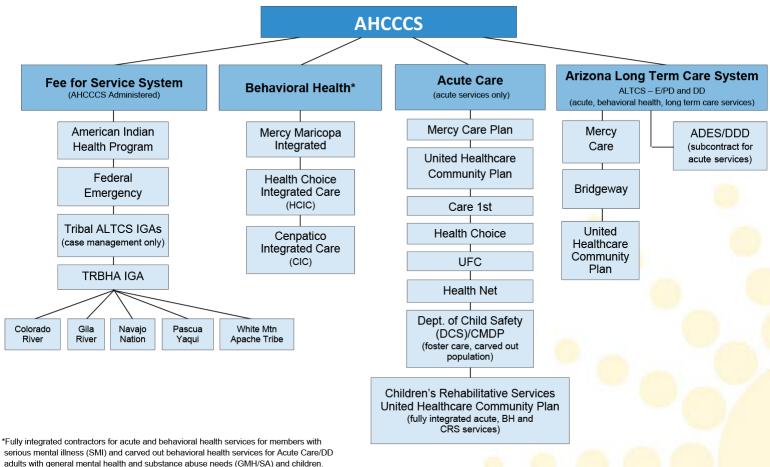
Repeal and Replace
Targeted Investment
Legislative and Budget Update
Arizona Management System



# **AHCCCS Update**

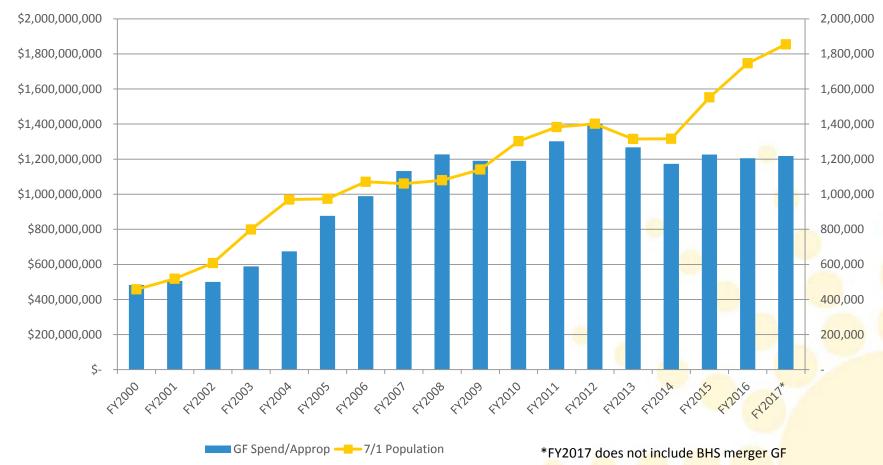


## AHCCCS Care Delivery System



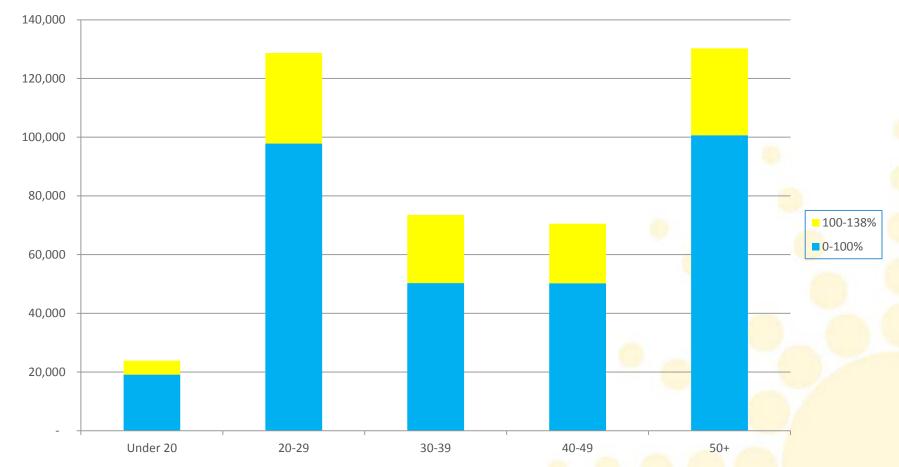


#### Historical GF Spend vs Population



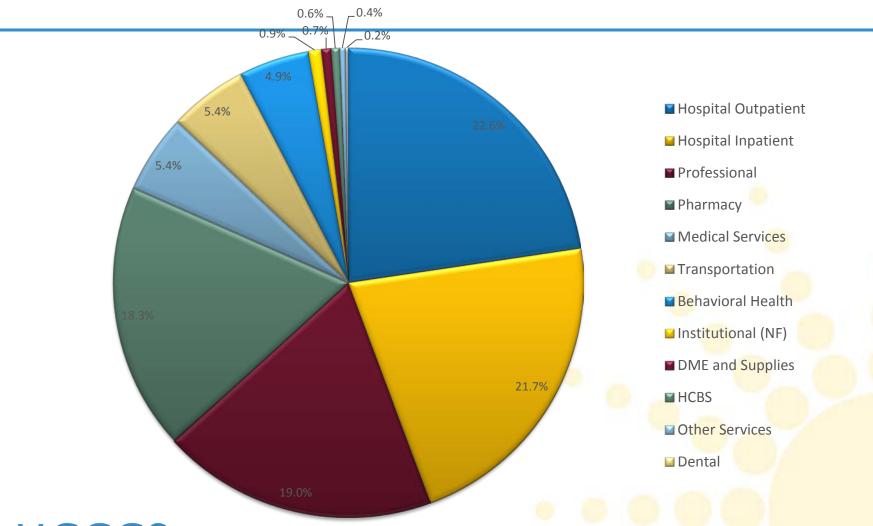


## Age Distribution of ACA members





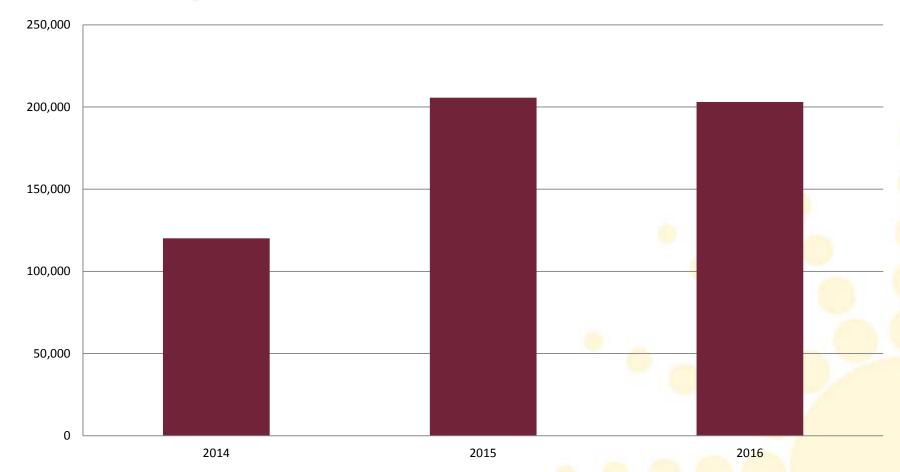
## ACA-Related Member Services by Category Based on SFY 2015 Claims/Encounter Data





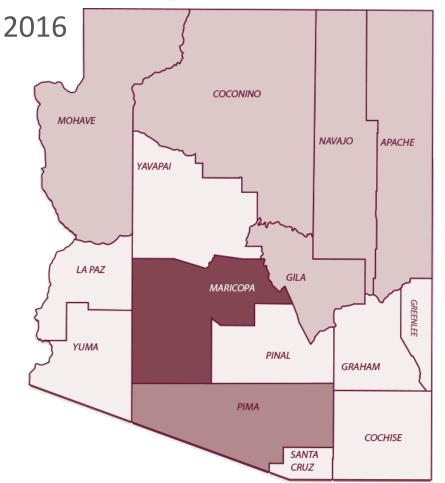
Reaching across Arizona to provide comprehensive quality health care for those in need

## Marketplace Enrollment: Arizona

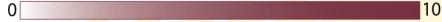




## Marketplace Insurers 2014-2017



Counties	2014	2015	2016	2017
Apache	6	7	3	1
Cochise	6	7	2	1
Coconino	6	7	3	1
Gila	6	7	3	1
Graham	6	7	2	1
Greenlee	6	7	2	1
La Paz	6	7	2	1
Maricopa	9	10	8	1
Mohave	6	7	3	1
Navajo	6	7	3	1
Pima	8	9	5	2
Pinal	7	8	2	1
Santa Cruz	7	7	2	1
Yavapai	7	7	2	1
Yuma	6	7	2	1





#### Ohio Medicaid Expansion data

- Uninsured rate for adults below 138% went from 32.4% to 14%
- 88% of 700,000 were uninsured
- 51% age 45 and older
- 27% diagnosed with chronic condition after eligibility
- 38.8% had a chronic condition and 59.1% reported easier to manage
- 32% screened positive for depression or anxiety 32.3% had substance use disorder



#### Ohio Summary

- Reduced uninsured rate to lowest ever 89% had no coverage
- Improved access to care innappropriate use shifted new diagnosis of chronic issues
- Nearly half reported improved health and only 3.5% reported worsening
- One third met screening criterial for depression or anxiety and they reported higher level of improvement
- Coverage has allowed participants to better pay for other necessities
- Supported employment and job seeking



## Speaker Ryan – A Better Way

- Federal/State balance has shifted strongly to feds
- Federal spending is unsustainable:
  - o Growth from \$350 billion in 2015 to an est. \$624 billion in 2026
- Better Way:
  - Choice of per capita allotment or block grant
    - Phases down enhanced FMAP to regular FMAP significant state fiscal impact
  - CHIP back to original match
  - Limits CNOM authority to just Medicaid population
  - Grandfathers successful waivers
  - Does not cut DSH in 18 or 19 Creates single uncomp care pool at fed level



#### Risk Transfer Challenges

- Transfer of risk to States is particularly challenging for Arizona
  - Previously expanded loss of federal funds (See A Better Way)
  - Voter-Protected coverage requirements (will not be able to avoid "available funding" in perpetuity)
  - Overall lower per capita income to support programs and risk
  - Large American Indian population fed \$
  - Particularly vulnerable in recessions (see Great Rec.)
  - Ongoing instability due to funding pressure will undermine managed care delivery system



#### How Will AZ Manage Risk?

- Changes will be states' responsibility and many will be very politically challenging:
  - Reducing Benefits
  - Reducing Eligibility
  - Reducing Payments
  - Increasing Cost Sharing
  - Program Administration
- Will likely be annual discussion as part of state budget negotiations



#### Examples of Flexibility – McCarthy Letter

- 1. Freeze or cap certain eligibility group-ability to eliminate TMA
- 2. States should not have to cover all FDA approved drugs
- 3. Change FQHC reimbursements and statutes
- 4. Eliminate NEMT for certain populations
- 5. Increased cost sharing flexibility
- 6. Eliminate comparability and state-wideness
- 7. Eliminate Essential Health Benefits requirement
- 8. Allow more frequent eligibility redeterminations
- 9. Eliminate and reduce CMS regulatory burden
- 10. 1115 path to permanency



## Arizona Management System





Reaching across Arizona to provide comprehensive quality health care for those in need

#### **AMS Results**

- DBF project to increase providers paid electronically by 5%. Division hit 9% and increased target to 15%.
- DFSM project to improve timeliness of authorizations for members needing level one facility admissions. The team reduced turnaround times by 75%
- The DHCAA project to reduce the number of members that are awaiting advocacy support. August 2015 162 members on a waitlist (up to 24 months) today there are 37 members (longest wait time 2.5 months).
- DMS and OALS project improve the Trust Review process. Time needed decreased from 44 days in January of 2016 to average of 10 days. Trusts taking 15 days or more has gone from 45% to 14%.
- OIG created a collections office project to collect 10% of the outstanding payments greater than 60 days. Today number is 18%.
- HRD projects to reduce agency turnover. December 2015 turnover was 21%.
   In November 2016 15%.



#### Targeted Investment

- \$300 million over 5 years
- 9 to 1 match
- Paid out through MCOs
- 3 Targeted Initiatives Integration (Adult and Child) – Justice Transitions –
- Need to re-scope proposal based on reduced funding – stay tuned



# The Heroism of Incremental Care (Gawande)

- Cites study that those who have primary care physician as their usual source of care had lower subsequent 5-year mortality rate
- In UK a 10% increase in primary care supply was shown to improve health so much that you could add 10 years to everyones life and still not match benefit
- In California that provided all Medicaid recipients with primary care physician saw reduced hospital rates – Medicare plans that increased copays for primary care visits saw increased hospital
- "Governments everywhere tend to drastically undervalue incrementalism and overvalue heroism"



#### Incrementalism continued

Ability to use and understand information is accelerating

- 1. Internal systems imaging & labs
- 2. Living conditions housing
- 3. State of care what treatments and meds
- 4. Your behaviors sleep exercise

Top Doc \$ - Orthopedics - Cardiology - Dermatology -

Bottom Doc \$ - Pediatrics - Endroconology - Family Med

30% of Americans have high blood pressure – 50% get treatment

25% those who die before 75 do not need to with appropriate treatment

27% of adults are not insurable due to pre-existing conditions

Resources made to surgeon and what's available to pediatrician ..is immoral

