

## August

| smm | ${ }^{\text {mon }}$ |  | wed | ${ }^{\text {mum }}$ | ${ }^{\text {pr }}$ | ${ }_{\text {sum }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | $11$ | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | $25$ | 26 | 27 | 28 |
| 29 | 30 | 31 |  |  |  |  |

"Large" Weekly Run



