

**1240-B - ADULT DAY HEALTH FACILITIES**

EFFECTIVE DATES: 02/14/96, 12/11/19, 03/01/23

APPROVAL DATES: 07/01/99, 10/01/01, 07/01/04, 03/01/06, 06/01/06, 09/01/06, 03/01/07, 10/01/07, 07/01/12, 10/01/13, 10/17/19, 07/07/22

**I. PURPOSE**

This Policy applies to ALTCS E/PD Contractors and Fee-For-Service (FFS) Program: Tribal ALTCS. This Policy establishes requirements for Adult Day Health Facilities.

**II. DEFINITIONS**

Definitions are located on the AHCCCS website at: [AHCCCS Contract and Policy Dictionary](#).

**III. POLICY**

Adult Day Health Facilities are licensed by the Arizona Department of Health Services (ADHS). Adult Day Health Facilities shall be located in the community among other residential buildings, private businesses, retail businesses, etc. in an effort to facilitate integration with the greater community. Adult Day Health Facilities that are co-located with Assisted Living Facilities (ALF) and/or Skilled Nursing Facilities (SNF) shall be licensed separately and apart from one another. Medical necessity for this service is met if members reside at home, need supervision, assistance in taking medication, recreation and socialization, or personal living skills training. Health monitoring and/or other health related services such as preventive, therapeutic, and restorative health care services may also be provided in this setting. Adult Day Health Facilities shall maintain compliance with the Home and Community Based Settings Rule under section 1915 of the Social Security Act [42 CFR 438.3(o); 42 CFR 441.301(c)(4)].

1. Adult Day Health Facilities shall foster interaction with the general community internal and external to the setting. Examples of fostering interaction with the general community internal to the setting may include peers without disabilities visiting the setting to provide information, instruction, training, support and/or to participate in activities. Examples of fostering interaction with the general community external to the setting may include facilitating activities outside of the setting whereby members are directly engaged in activities with peers without disabilities individuals of varying age levels.
2. Adult Day Health Facilities shall facilitate access to community resources and activities. For example, this may include:
  - a. Assisting members in utilizing community transportation resources including mobility and transportation training, and
  - b. Assisting members to arrange for personal care to support engagement in community activities.
3. Adult Day Health Facilities shall include opportunities to receive information and learn about events and activities in the community in an effort to help members make informed decisions about the schedule of activities for the program.

4. The Adult Day Health Facility administrator is required to exercise strategies for providing and facilitating social, recreational, skill building and community-based activities that do not regiment, individual initiative, autonomy and independence in making life choices including but not limited to, daily activities, physical environment, and with whom to interact. Examples may include strategies for:
  - a. Facilitating alternate schedules for members,
  - b. Ensuring members have full access to the environment at all times,
  - c. Ensuring members have access to meal and snacks at the time of their choosing, and
  - d. Ensuring members have the option to choose the schedule of attendance including partial week/day attendance.
  
5. Adult Day Health Facilities shall expand the scope of the care plan to include the development of skills that lead to meaningful days, valued community roles, and promotes the member’s vision of the future and priorities. Skill development may include:
  - a. Social,
  - b. Communication,
  - c. Basic life skills (shopping, banking, money management cooking, laundry, etc.),
  - d. Independent functioning skills,
  - e. Skill building (i.e., soft skills, staying on task, etc.) that may be transferrable in a volunteer or paid work environment, and
  - f. Money management.

Adult Day Health Facilities shall refer members to their Case Manager if they express a desire to work/volunteer and/or demonstrate work related skills that may be an indication of their desire to work/volunteer in the facility.

6. Adult Day Health Facilities shall institute policies and procedures pertaining to the management and documentation of personal funds accounts for members including practices to support members to access and have discretion to spend money during outings, activities and breaks to ensure members can manage money to the greatest extent possible.
  
7. The Adult Day Health member’s service plan shall be updated upon request of the member and should be combined with the member’s Person Centered Service Plan (PCSP) development facilitated by the Case Manager.
  
8. Respite care services may be provided as a substitute when an Adult Day Health Facility is not available. Refer to AMPM Policy 1250-D for additional information on respite care.

#### **IV. SPECIAL CIRCUMSTANCES**

ALFs are required by licensure standards and by State regulation (A.A.C. R9-10-808) to provide residents with adequate recreation and socialization opportunities. For ALTCS members residing in an ALF who may need Adult Day Health Facilities, special justification is required by the member’s case manager and prior approval required by the Contractor or Tribal ALTCS Program. Members residing in Behavioral Health Residential Facilities (BHRFs) are not eligible to receive Adult Day Health Services.